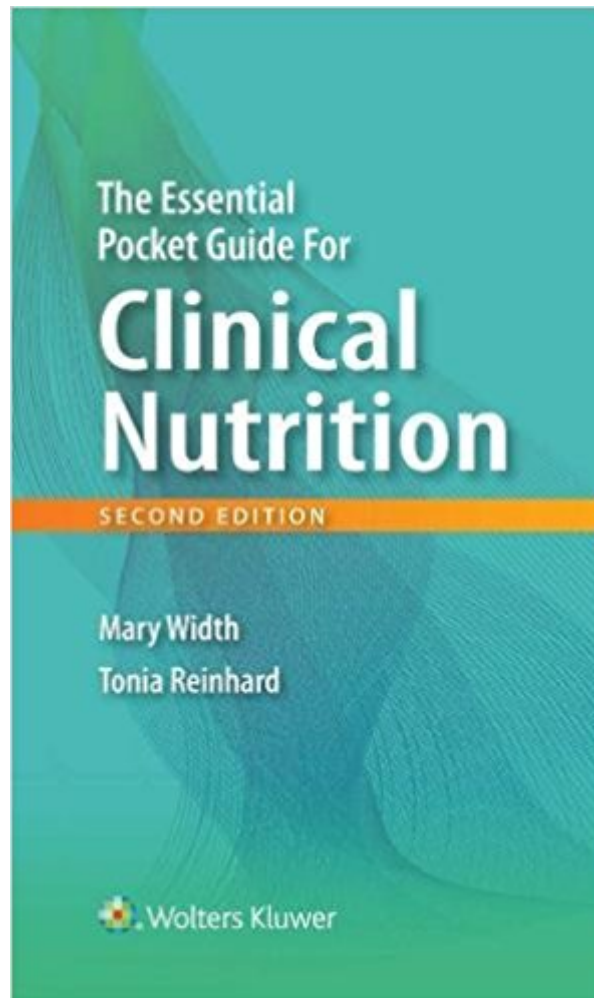




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# The Essential Pocket Guide For Clinical Nutrition



## Synopsis

Now featuring a fresh new design, the latest guidelines, the most recent information on disease and nutritional conditions, and all-new online resources, this affordable 2nd Edition of The Essential Pocket Guide for Clinical Nutrition is a quick-access resource ideal for dietitians, students, interns, and other health professionals who are actively engaged in clinical nutrition. • Pocket-sized and spiral bound for ease of use, this essential quick-reference resource offers immediate, need-to-know information on nutritional assessment, life stage assessment, and nutrition support, as well as nutrition considerations for specific diseases/conditions • bariatric surgery, cancer, cardiovascular disease, diabetes, gastrointestinal diseases, liver and pancreatic diseases, renal diseases, and pulmonary diseases. New ADIME-at-a-Glance boxes added to each chapter include sample ADIME notes and PES statements. Journal Access: • A Nutrition Today trial subscription is available with the purchase of a new book. 24/7 flexible access to all book content is available online at thePoint.com or via the VST eBook that accompanies the 2nd Edition. Each chapter • s uniform format includes sections on disease process, treatment and nutritional intervention, and patient education. A new chapter on Bariatric Surgery provides the latest evidence-based information. A fresh new design facilitates quick reference and table identification. An expanded • "Nutrition-Focused Physical Exam" • section in the Assessment chapter covers the latest best practices. The latest nutritional guidelines are included, including new Malnutrition Guidelines, updated Pregnancy Guidelines on weight gain, updated Cardiovascular Disease Guidelines, and updated Diabetes Guidelines. The Nestlé • Mini Assessment (MNA • ®), a validated screening tool that can identify geriatric patients age 65 and above who are malnourished or at risk of malnutrition, now appears in the Older Adult chapter. Quick Reference Tables in each chapter make essential information easy to locate. Useful Appendices include food-drug interactions, laboratory assessment, new tables on essential minerals, dietary supplements, and the Dietary Reference Intakes, and reference materials.

## Book Information

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## Customer Reviews

Excellent book. easy to use and follow. Hope the next edition could have sports nutrition.

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A great book to have especially if you're stating your rotations in a clinical setting.

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